

“The Resource”

Child Care Resource & Referral of Central Wisconsin, Inc.
Serving Adams, Clark and Wood Counties



“The Resource”
October-November 2009

YOUR HELP IS NEEDED!

CCR&RCW had a computer “crash” and all of the names and email addresses on our listserv were lost. If you haven’t heard about our listserv; it is one way that we quickly share important information that comes at times outside of our regularly scheduled newsletters. If you would like to be added to the “new” listserv, please send your request to Kelly at: ccrrcw@tznet.com

PLEASE NOTE: This computer issue did **not** affect the list of persons who receive our newsletter via email, those who receive our newsletter via email will continue to do so. If you are interested in receiving our newsletter via email, please send a request to Carrie at: carrie@ccrrcw.org

Our newsletter is always available on-line by visiting our website at: www.ccrrcw.org

THANK YOU TO MSTC EARLY CHILDHOOD CLUB



CCR&RCW would like to extend a special thank you to the Early Childhood Club at Mid-State Technical College in Wisconsin Rapids. They made a trip to visit our agency this summer and presented us with a monetary donation that we used per their request to purchase new resource kits. We were able to purchase several new kits that are now available to be checked out.

The new kits are:

- Germ-buster Black Light Kit: *Black light and “germ” glitter show children how easily germs are passed and the amount of time and effort it takes to get your hands clean!*
- Toddler Theme Box “Things That Go”: *This kit contains transportation themed items including linking vehicles, bean bags, activity guide, board book, puppet and more.*
- Toddler Theme Box “Me & My Family”: *An activity guide, rolling cube, tactile cards, puppet, song card and more are part of this fun kit.*
- Musical Instruments Box: *This kit contains a variety of children’s musical instruments and CD’s of children’s songs. Start a marching band with the children in your care today!*

Please call CCR&RCW to reserve one of these kits or your choice of many others for use with the children in your program. A complete listing of items that can be checked out is available on our website.

BIRTH TO THREE PROGRAM INFORMATION

The Birth to Three program is committed to children under the age of three with disabilities and delays and their families. Home visits are offered to work with families and support the bond that is so important in a child’s development. If you have concerns with *any* child in your life, please call for a free, confidential screening.

For services in your area, please call:

Adams ~ 608.339.4340, Clark ~ 715.743.5202, Wood ~ 715.421.8836

H1N1 (SWINE) FLU UPDATE

Updates from the Centers for Disease Control (CDC) about vaccines, symptoms, risk factors and more are available on the internet at: <http://www.cdc.gov/h1n1flu/qa.htm>
A “toolkit” of information about H1N1 for child care providers is available at: <http://www.cdc.gov/h1n1flu/childcare/toolkit/>
For additional information please contact your local health department.



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- Lenna Hamilton
- Marianne Schock
- Steve Walczak

Vision

→ For all Central Wisconsin children to benefit from the best child care possible.

Mission

→ To be the key resource of comprehensive services to enhance quality child care in Central Wisconsin.



DELICIOUS FUN FROM FAMILYFUN.COM

<http://familyfun.go.com/>

In the mad rush to get meals on the table, we parents sometimes forget what a joyous activity cooking can be.

Its pleasures are not lost on our children, who immediately appreciate the process of transforming ingredients. They enjoy the assembling, measuring, and chopping tasks that require their deepest concentration, and they like projects that have a beginning (preparation), a middle (messy fun), and an end (happy diners around the table).

If a first attempt at a recipe is a flop, it can be hilarious, but it's never a disaster. When the kids succeed, it's an occasion for feeling very good about themselves.

No chef could be prouder than my young friend Kate, who began perfecting her chocolate chip cookie recipe--now a legendary weakness of the adults in her neighborhood--when she was just ten.

Getting your child to feel competent at cooking pays off for everyone. Begin by inviting him or her into the kitchen during an unrushed moment, when there is time to instruct and share responsibilities.

Next, determine your child's ability level. (A child's cooking level is mostly a matter of experience and personality). Choose a recipe you will both enjoy, then start off with lots of supervision and fun.

Rebecca Lazear Okrent, a regular contributor to FAMILYFUN MAGAZINE, has been cooking ever more edible meals since the age of three.

EASY APPLESAUCE MUFFINS

These scrumptious muffins are an amazing way to start your day!



RECIPE INGREDIENTS: 6 tablespoons butter, 1 1/2 cups all-purpose flour, 1 tsp. baking powder, 1/2 tsp. baking soda, 1 tsp. cinnamon, 1/2 tsp. salt, 2 eggs, 2/3 cup brown sugar, 1 1/2 cups chunky applesauce

1. Preheat the oven to 375 degrees. Line a 12-cup muffin tin with baking cups and set aside.
2. In a small microwave-safe bowl, melt the butter on high for 30 to 60 seconds; set aside to cool slightly.
3. Sift together the flour, baking powder, baking soda, cinnamon, and salt into a large mixing bowl. When mixing dry and wet ingredients for muffins, gently stir just until the flour disappears. This will produce muffins with a nice crumbly texture.
4. In another large bowl, whisk together the eggs and brown sugar. Stir in the applesauce and melted butter until the mixture is smooth. For mess-free muffins, use an ice-cream scoop to spoon the batter into the baking cups.
5. Pour the apple mixture over the flour mixture. Mix with a wooden spoon until combined (it's ready when you can't see any traces of flour).
6. Fill the baking cups about two-thirds full with batter. Bake for 20 minutes or until light brown. Test for doneness by inserting a knife in the middle of one muffin. If it comes out clean, the muffins are ready to eat!

L O C A L A D V O C A T E

G R O U P S

Adams County

- Adams County Early Childhood Education Council-- Kelly Allen (608.339.2868)

Clark County

- Contact CCR&R if interested in developing an advocate group (800.628.8534)

Wood County

- Marshfield Area Child Care Association-- Krisann Mauritz (715.387.2218)
- Wisconsin Rapids Child Care Advocates Council-- Kitty Gross (715.421.1092)

Children are the living messages we send to a time we will not see.



~John W. Whitehead



UPDATE YOUR INFO TODAY!

CCR&RCW would like to ask for your help in keeping your information current during this transitional time. With the upcoming regionalization of services for R&R agencies in Wisconsin, we will be postponing the issuance of our BIF (Business Information Form) until early 2010. We are asking that providers and programs contact us this fall to update their vacancies, hours, etc. so that our database stays as current as possible. Please email your update(s) to carrie@ccrrcw.org or call us at 715.423.4114 or toll-free at 800.628.8534.

ITEMS OF INTEREST FOR ADAMS COUNTY

- The Family Resource Center in Adams County is relocating on November 1st to 450 E State Street, Friendship.
- CCR&R staff are partnering with the Adams FRC to offer trainings this fall, please see the training calendar for more information about these upcoming events.
- Bridges for Youth 2nd Annual Chili Cook Off Fundraiser will be held on October 24th at St. Joseph’s Center, Adams. For more information, please call 608.339.9309.

TRICK OR TREATING AT THE ZOO

You are invited to Wildwood Park and Zoo in Marshfield for “Trick or Treating at the Zoo” on October 14, 2009 from 5:00 to 7:30 PM. Children age eight and younger with their families can come dressed in their favorite costume and enjoy a guided tour through the zoo visiting different animal exhibits while picking up treats, goodies and learning about the animals’ diets. Please meet at the Ludwig Building (behind the bear pen) to start. Parking is in the lot off of 17th Street and a \$5.00 donation is suggested.



TRAINING EVENTS PLANNED FOR CLARK COUNTY

CCR&RCW is working with CESA 10 and the UW-Extension in Clark County to offer Q-Net trainings in late 2009 and early 2010. Proposed topics include: Environment-Making the Most Out of Play, Using a Routines Based Support Guide To Problem Solve and Develop Solutions, and How to Build Positive Peer Interaction. Watch for details!

FAMILY HEALTH EXPO AT MEMORIAL MEDICAL CENTER IN NEILLSVILLE


A Family Health Expo will be held on Saturday, October 24th from 8 AM to noon at Memorial Medical Center in Neillsville. Free Screenings offered include: breast, prostate, colon cancer, skin, dental, hearing, blood pressure, and vision. Other screenings, labs and vaccinations will also be offered (some at reduced price). Financial assistance is available to those who qualify. To register or learn more, please call 715.743.8455.

GRANT OPPORTUNITY: TERRI LYNNE LOKOFF CHILD CARE FOUNDATION

Do you have a great idea for a program or project that will enhance your early education classroom? Can you complete your initiative for \$500 or less? If your answer is yes, the Terri Lynne Lokoff Child Care Foundation has an opportunity for you. In participation with TYLENOL®, the foundation is now accepting applications for their 2010 National Child Care Teacher Awards™. The awards recognize the dedication and ingenuity of child care professionals who wish to improve children’s earliest experiences. Recipients will receive between \$500 and \$1000 for their own use, and \$500 for their proposed program or project.

Applications must be completed and postmarked by **December 4, 2009**. To learn more, visit: tlccf.org

If you apply for and receive this grant or have other great news to share, CCR&RCW would love to hear about it and possibly feature your success in an upcoming newsletter.



OCTOBER IS:

- Diversity Awareness Month
- National Communicate with Your Kids Month

NOVEMBER IS:

- National Adoption Month
- National Family Stories Month

Mickey Mouse’s birthday is November 18th!





“The Resource”

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WI
Permit No. 31

Child Care Resource & Referral
of Central Wisconsin, Inc.
210 East Jackson Street
Wisconsin Rapids, WI 54494



IMPORTANT INFORMATION SHARED BY THE CHILD CARE INFORMATION CENTER (CCIC)

Visit their website at: <http://dpi.wi.gov/ccic>

You will be hearing a lot about a new pyramid in the future. Like the food pyramid, it will picture building blocks that climb from a wide foundation to a higher point. However, the new pyramid is a visual tool for tracking children’s emotional and social “diet”. It is called the “Pyramid Model Promoting Social and Emotional Competence in Young Children”.

As a child grows, he/she also grows in the **ability** to bond with grown-ups and playmates in ways that are appropriate for the setting the child is growing up in and the age or stage the child is at. Competence is the outcome of healthy development.

Social-emotional competence comes with healthy social-emotional development when a child can:
experience emotions • regulate emotions • express emotions • explore the environment and learn

To promote healthy development, caregivers need to work at supporting social-emotional wellness in all young children and to prevent problems in children who are at-risk by identifying and working to fix existing problems, and, when necessary, referring children and their families to appropriate services.

Wisconsin caregivers have a new opportunity to learn about how to promote the healthy social-emotional development of the children in their care. Our state has been selected to receive special guidance from Vanderbilt University experts at the Center on the Social and Emotional Foundations for Early Learning (CSEFEL), a national resource center funded by the Office of Head Start and Child Care Bureau for disseminating research and evidence-based practices to early childhood programs across the country.

CSEFEL focuses on promoting the social-emotional development and school readiness of young children ages 0-5 years. In the months to come, CSEFEL will be helping Wisconsin plan trainings for child care providers and early childhood educators and to identify the gaps in services and resources supporting social and emotional outcomes for children.

What can caregivers do now?

- Find lesson plans and tips for encouraging social-emotional growth at: <http://www.vanderbilt.edu/csefel/practicalstrategies.html> and <http://www.vanderbilt.edu/csefel/familytools.html>
- Browse the main CSEFEL website for free resources in English and Spanish available directly at: <http://www.vanderbilt.edu/csefel/index.html>. Extensive, user-friendly training materials include complete training modules, online videos, PowerPoint presentations and more.
- Look for trainings at: www.t-net.org/myregistry

Articles and other information on inclusive child care are available through CCIC, information on contacting them is on the enclosed training calendar (website listed above).

If you would like to receive your newsletter via email, please contact Carrie at carrie@ccrrcw.org